## I CLAIM:

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Archery equipment comprising in combination:

- (a) a bow having a bowstring;
- (b) an arrow having a shaft, said shaft including a rear end;
- (c) a nock for disengageably engaging said rear end with said bowstring; and
- (d) said nock including an insert attached to said rear end, a receiver for engaging said bowstring and disconnect means for disengageably engaging said insert with said receiver.
- 2. The archery equipment as set forth in Claim 1 wherein said disconnect means includes magnetic means.
- 3. The archery equipment as set forth in Claim 2 wherein said magnetic means includes a magnet secured to one of said insert and said receiver and a magnetically responsive member secured to the other of said insert and said receiver.

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- 4. The archery equipment as set forth in Claim 3 wherein said receiver includes a
- 2 cavity for receiving said insert and wherein said magnet and said magnetically responsive
- 3 member are disposed within said cavity during engagement of said insert with said receiver.
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- 5. The archery equipment as set forth in Claim 1 wherein said receiver includes a notch for receiving said bowstring and retention means for retaining said bowstring within said notch during discharge of said arrow to prevent disengagement of said receiver from said bowstring.
- The archery equipment as set forth in Claim 5 wherein said retention means comprises a pin extending across said notch.
- The archery equipment as set forth in Claim 1 wherein said shaft is tubular and 7. wherein said insert includes a stud for penetrable engagement with said rear end.
- 8. The archery equipment as set forth in Claim 1 wherein said shaft is solid and wherein said insert includes a cavity for receiving said rear end.

- 9. A nock for engaging the rear end of an arrow with a bowstring of a bow, said nock comprising in combination:
  - (a) an insert fixedly attached to the rear end of said arrow;
- (b) a receiver for capturing the bowstring and maintaining the bowstring captured during discharge of the arrow from the bow; and
  - (c) disconnect means for disengageably engaging said insert with said receiver.

10. The nock as set forth in Claim 9 wherein said receiver includes a notch for penetrable engagement by the bowstring and means for retaining the bowstring within said notch during discharge of the arrow from the bow.

1 Comparison of the nock as set forth in Claim 9 wherein said disconnect means includes magnetic means for disengageably engaging said insert with said receiver.

- 12. The nock as set forth in Claim 9 wherein said receiver includes a cavity for receiving a part of said insert and for locating said disconnect means therein during engagement of said insert with said receiver.
- 13. The nock as set forth in Claim 12 wherein said disconnect means includes a magnet attached to said receiver within said cavity and a plate attached to an end of said insert locatable within said cavity.
- 14. The nock as set forth in Claim 9 wherein the arrow includes a tubular shaft and wherein said insert includes a stud for penetrable engagement with the rear end of the tubular shaft.

The nock as set forth in Claim 14 wherein said disconnect means includes magnetic means for disengageably engaging said insert with said receiver.

16. The nock as set forth in Claim 9 wherein the arrow includes a solid shaft and wherein said insert includes a cavity for receiving the rear end of the tubular shaft.

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19. The method as set forth in Claim 18 wherein said step of disengageably engaging includes the step of creating and maintaining magnetic attraction between the insert and the receiver when the insert and receiver are engaged with one another.

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20. The method as set forth in Claim 18 wherein said step of capturing includes the step of retaining the bowstring within a notch in the receiver.

21. The method as set forth in Claim 20 wherein said step of disengageably engaging includes the step of creating and maintaining magnetic attraction between the insert and the receiver when the insert and receiver are engaged with one another.

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1	17.	The nock as set forth in Claim 16 wherein said disconnect means includes
2	magnetic me	ans for disengageably engaging said insert with said receiver.
1	18.	A method for disengageably engaging an arrow with the bowstring of a bow and
2	for dischargin	ng the arrow from the bow upon release of the drawn bowstring, said method
3	comprising in	n combination:
		(a) attaching an insert to the rear end of the shaft of the arrow;
	•	(b) capturing the bowstring with a receiver to maintain the receiver in engagement
5 6	with the bow	string during discharge of the arrow;

(d) disengaging the insert from the receiver as a function of the momentum of the arrow when the bowstring comes to its position of rest.